



CHECK YOUR SYMPTOMS AND RISK FOR COVID-19

Use the *Buoy for Cigna* Symptom Checker

START ASSESSMENT

The [Buoy for Cigna Symptom Checker](#)* is a free online tool that provides **real-time, clinically accurate information** to help identify your risk for COVID-19.

After answering a few questions, this online tool helps to:

- **Assess** the severity of your symptoms
- **Guide** you to a recommended next step for care, such as:
 - Linking you to the [Cigna COVID-19 Resource Center](#)
 - Calling your primary care physician for a virtual visit
 - Directing you to an emergency room**

The symptom checker can help provide reassurance and peace of mind if you are low risk, or help you feel confident that seeking appropriate care is necessary if your risk is higher.



If you are experiencing symptoms you think may be related to COVID-19, answer a few simple questions to check your risk level, and get the right level of care.

START ASSESSMENT

Together, all the way.®

[State Policy Disclosures, Exclusions and Limitations](#) | [Privacy Policy](#) | [Legal Disclaimer](#)

* Buoy for Cigna is available to Cigna customers through myCigna.com.

** In a true emergency, don't wait. Call ahead to your nearest emergency room or call 911.

Buoy is a trademark of Buoy Health, Inc. The Buoy website is operated by Buoy Health, Inc. Buoy Health's services are not intended to be a substitute for professional medical advice, diagnosis or treatment. Your use of the services is voluntary and subject to Buoy Health's terms of service and privacy policy.

CONFIDENTIALITY NOTICE: This email transmission may contain confidential information. This information is intended only for the use of the individual(s) or entity to whom it is intended. Please delete it from your email if you are not the intended recipient. Thank you for your compliance.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

Cigna Health and Life Insurance Company | 900 Cottage Grove Road | Bloomfield, CT 06002

938882 04/20 © 2020 Cigna. Some content provided under license.